#### International:

- State Department
  - o Visa(s) needed?
  - o emergency contact info, U.S. embassies
  - o vaccinations, or see vaccine list at CDC
  - o list to step.state.gov
- Background info:
  - o seasons, time of year to visit
  - o water safety (google: water <city> safe to drink)
  - o tipping practices
  - o vocabulary for non-English speaking countries
  - o etiquette information
  - o time:
    - destination sunrise/sunset times
    - GMT time zones on timegenie.com (S.F. is GMT -8)
    - add dSLR time configuration instructions to itinerary
- bank travel alerts
- Smartphone:
  - o print dialing instructions, copy to phone
  - o Add needed country currencies to currency app
  - o Add weather locations to 1weather
  - o Add maps., .KML files to RMaps
  - o Other destination apps
  - o Destinations covered by transit app moovit?
  - o download necessary languages to Google Translate
  - o check that .pdf of passport is on smartphone
- Power adapters
- Something to read on long flight(s)

#### Days before:

- Computer:
  - o Travel computer: Anti-virus, OS update, cache directories
- Photography:
  - o Charge camera batteries
  - o Format cards
  - o Charge flash batteries
- Print-outs:
  - o reservations (hotel, other)
  - o airline tickets
  - o travel itinerary
- Travel sizes of shaving cream, toothpaste, SPF skin protector
- Verify hotel reservations
- Pay bills coming due
- Grooming: fingernails, toenails, barber visit

### Night before:

- Check in online?
- Weather check at destination
- Charge tablet and smartphone

## To bring:

- Travel tickets, air and/or bus
- Hotel reservations
- Other reservations
- Wallet
- Brush
- Keys
- Pen/pencil
- Clothes
- Umbrella
- Ear plugs
- Eyeglasses
- Kitchen:
  - o Vitamins
- Bathroom:
  - o Toothbrush
  - o Floss
  - o Razor
- Bedroom:
  - o Sleep mask
  - o Travel alarm
- Cold weather destination:
  - o ear muffs
  - o scarf
  - o gloves
  - o long underwear
  - o boots (if snow)
  - o heavy socks
  - o cold weather Scottevest
- International:
  - o GSM cell phone?
  - o Power adapters
  - o Passport
  - o Paper copy of passport, to be kept separately
- Technology:
  - o Smart phone:
    - Charger
  - o Travel computer:
    - charger
    - tethering cord to smartphone

# Liquids:

- Hand sanitizer
- Travel sized:
  - o toothpaste
  - o shaving cream
  - o SPF roll-on for skin